# Wildcat





# **Engaging Minds and Creating Opportunities**

September 2025

### PRINCIPAL'S MESSAGE

### Welcome Back to School 2024!

We hope everyone had a fabulous summer full of making memories! We are in full swing with classes and lots of volleyball, cross country running, golf and of course learning happening at MJS!

We have a new policy at MJS that we want to communicate to parents and students. All the school doors will be locked at all times except for first thing in the morning, at recesses and at noon hour. This includes the office door. If you are picking students up during class time or using the library please ring the doorbell that is to the upper right of the office door. This new BTPS policy is to ensure the safety of our students at all times as much as possible.

Our gym floor was refurbished with a new look and our gym was painted over the summer and it looks great. We are asking everyone to not wear outside shoes into the gym. Elementary students can wear their inside shoes and Jr/Sr High students can wear their gym shoes. For events like the Christmas concert and Grad we will have the mat down. We are hosting some large sporting events this year and we would like to keep the gym floor in the best condition as possible.

Also, just a friendly reminder that for all students K-12 if they are leaving the school during a regular scheduled class we need a note/email or a phone call at the office from a guardian/parent that the child is able to leave.

Fuel Good Day is on **Sept 16th-** We will be serving up burgers and a pop for \$5 at the North Co-op Gas bar and 100% of the proceeds go to our MJS school breakfast program. Come out on the 16th and support our breakfast program! The breakfast program will start up in October.

I hope all our families have a great start to all the kids' activities for the year and enjoy all the nice weather we can while it lasts and a safe harvest for our farming community!

Sandra Mouland

# **Welcome returning MJS Staff!**

Mrs. Murray will be teaching Grade 8-12 Math Mrs. Glessing will teach Grade 6 LA and 6/7 Math



You are invited! Muffin Morning on Sept 9th at 8 am. Come enjoy muffins and juice and meet school staff. And sneak a peek at our new gym floor- it looks fantastic.

#### 1. SCHOOL COUNCIL

I would like to encourage our parents/guardians to be part of our school council for MJS

At the school council we discuss what is happening about events or news in the school and we also get a report from the BTPS school board about policy changes and current changes with AB Ed. Please attend!



Next meeting - Oct 2025 (we will communicate the date TBD)

### 2. SCHOOL DOORS

Just a reminder that the doors are not opened till 8:40 each morning. If your child is late coming to school they will need to come in the front doors of the school and ring the doorbell as the front door will be locked. All outside doors are locked when the bus supervisors come in from outside to secure our building.

#### 3. HANDICAPPED PARKING

We do have students who require these parking spots daily so we please ask if you do not have the proper permit to park in the handicapped spot to please park in the south parking lot. Thank you!

#### 4. REPORT CARDS

Marwayne Jubilee is paperless with reporting. Student marks are available all the time through the parent portal and at any point throughout the school year (including traditional reporting dates) parents/guardians can print off paper copies from a desktop computer. The powerschool app for your phone is very easy to use and a convenient way to check marks and comments. If you are not currently signed onto the parent portal please contact Marina Stafford at the school or your students homeroom teacher. 780-847-3930

#### 5. SOCIAL EMOTIONAL COACH

JoAnne Flath is our returning SEC at MJS. She is a Certified Life Skills Coach and has worked as a counselor in the past. The last couple of years she has been facilitating Life Skills Programs for both organizations and individuals. JoAnne has a passion for helping others, especially in our local area. Parents can use this google request form:

https://forms.gle/5ih9gYzZjQUjJ2pm9



We have a VIBE coach at MJS on Wednesdays-Brooklyn Nelson, our returning VIBE coach!

# 7. OUTDOOR CLOTHING Grade K-6

Many students are out at recess in t-shirts and not bringing a coat to school- Please send your elementary students with coats as the weather is cooling off and especially since the mornings can be quite cool. Thank you!



# 8. TERRY FOX RUN

MJS is proud to take part in this year's 45th annual Terry Fox Run to raise money for cancer research Marathon of Hope.

We will be running/walking the perimeter of the school yard for the Terry Fox Run on Sept 25th!



# IMPORTANT SEPTEMBER/OCTOBER CALENDAR DATES:

Every Thursday: Pizza Day - \$3 a slice and \$1 a dip. **Pizza will be starting Sept 11th** 

Sept 5th and 6th Sr Girls Volleyball at MEGA in Vermilion

Sept 9th- Muffin Morning at 8:00 am - 8:40 am

Sept 16th - East Lloydminster CO-OP BBQ Fundraiser for MJS 4-7 pm

Sept 19th- Vermilion Cross Country Meet

Sept 23rd- Riverdale Cross Country Meet

Sept 25th - Terry Fox Run/Walk

Sept 29th - Orange Shirt Day - Wear an orange shirt to school to display empathy for Indigenous people who attended Residential Schools and the continuous effort for reconciliation.

Sept 26th and 27th- - Junior Girls Home Volleyball tournament- Both teams have a tournament at home so come out and cheer on our Wildcats!

Sept 30th - NO SCHOOL - National Day for Truth and Reconciliation

Oct 11-13th - Thanksgiving weekend - No school on Monday

October 9th - PICTURE DAY

October 10th is the Jr/Sr Awards Assembly for the 2024/25 school year.

Every Friday of the school year will be Hat Friday!!!

**Volleyball Schedule (SO FAR)** 



#### Girls Grade 8/9 team

Wednesday League games
Sept 12th and 13th- Lloydminster
Sept 20- St J in Vermilion
Sept 27 and 28th- Home tourney
Oct 4th - Provost
Oct 25th - SPOOK at JRR in Vermilion
Date Unknown- Highway 16's
Nov 4th- BTPS Finals hopefully



#### Girls Grade 6/7/8 team

Sept 19th- St J in Vermilion Sept 27th and 28th Home tournament Oct 4th- Provost Oct 24th- SPOOK at JRR in Vermilion

# Sr Girls Varsity Volleyball Sept 5th and 6th- Mega in Vermilion

Sept 13th and 14th - St Jeromes in Vermilion Sept 26th and 27th- Provost Oct 16/17th and 18th- Home tournament for Sr Girls and Sr Boys

#### Sr Girls Junior Varsity Volleyball

Sept 12&13- Hughendon
Oct 16/17th and 18th- Home tournament for Sr Girls and Sr Boys
Oct 24/25th- Irma





# **Support the MJS Breakfast Program**

Sept 16th 4-7 PM North Lloydminster CO-OP GAS BAR

100% of the proceeds of sales goes to our Breakfast Program

\$5 for a burger and a pop!

Come have supper on Sept 16th and support our MJS Breakfast Program.

Volunteers
needed to
serve burgersif you can help
please let Mrs.
Mouland or
Mrs. Stafford
know at
780-847-3930





# Marwayne Skating Club



# **Registration Night**

# Monday September 8, 2025 7:00 pm at the Marwayne Arena

Looking to start skating? The CanSkate program is Skate Canada's official learn-to-skate program for all ages and abilities, focusing on developing balance, control, and agility skills in a fun, motivational environment.

Have a young child just wanting to skate on their own? Marwayne Skating Club offers programs like Pre-CanSkate for younger children (ages 3-5).

Looking to improve skating skills for hockey and referee? CanSkate is a great way to work on those skills!

Already registered for hockey? Arena fees are already covered for skating plus you get an additional 2 days of ice time per week!

Already a figure skater and want to continue to develop those fundamental figure skating skills? Come check us out and see what we can offer!

Any questions please contact: marwayneskatingclub@gmail.com or Teresa 780-808-9162.







### **Monitor Screen Time**

Screen time includes use of computers, TVs, video games, smartphones, and tablets. Help kids build healthy habits by limiting screen time and teaching safe, smart media use.

Keep devices in a shared space, like the kitchen, and create screen-free zones during meals, bedtime, and family time.

#### **Canadian Pediatric Society Guidelines:**

- Under 2 years: No screen time
- Ages 2–4: Less than 1 hour per day
- Older children: Less than 2 hours per day

# **Balance Screen Time with Other Activities**

#### Ideas:

- Indoor: Reading, arts and crafts, board games, puzzles, cooking, imaginative play
- Outdoor: Biking, sports, nature walks, playground time, sidewalk chalk
- Family: Game nights, dance parties, DIY projects, visiting the library or local events

### **Why Limit Screen Time?**

- Too much screen time—whether TV, tablets, phones, or games—can affect kids' sleep, schoolwork, and relationships.
- It can lead to more frequently choosing highly processed foods and fewer nutritious choices.
- It may reduce physical activity.
- Try to balance screen use with habits like outdoor play, reading, and family time.

#### **Use Screen Time to Learn**

Help your child learn by viewing and talking about TV and other media together.

#### Choose TV shows that:

- Repeat ideas to help kids learn
- Pause and ask kids to join in
- Teach only one message at a time
- Model good media use to teach children to use screen time mindfully

# **MORE RESOURCES, visit:**

Media Smarts.ca

Search: Screen Time

myhealth.alberta.ca



For information on mental health, community supports, programs and services in your area:













Pizza and Games

Eat, play outdoor games, and play games with the addiction goggles!

OOO YOUTHS GRADE 6 - 12

WEDNESDAY, SEPT. 17 5:00 PM - 7:00 PM

••• HERITAGE PARK

Pizza, Hot Dogs, Churros & Watermelon